



Planning Your Gap Year

- 1 **Apply To College, Get Accepted & Defer**
Have somewhere to land after your Gap Year
- 2 **Set Intentions & Goals**
What do you want to learn and/or explore?
- 3 **Explore Program Options**
Domestic and international destinations
- 4 **Plan Your Gap Time**
Apply for the right program(s) and build your itinerary
- 5 **Get Your Logistics Set and Fly!**
Insurance, Vaccinations, Airlines, Visas, etc.

90% of Gappers are back in college within one year of their Gap Year

Sample Gap Year Activities

- Available through AGA-Accredited Programs:
- > Study international development for 9 months that includes an internship at a non-profit in Senegal
 - > Travel with a team of 10 for a semester in East Africa studying wildlife, Swahili, earning college credit, and supporting local non-profit efforts
 - > Do an internship with a local non-profit in rural Northern India and supervised by a US-based virtual mentor
 - > Do an academic year with a group of peers studying international development across 5 continents
 - > Study outdoor and technical skills as well as personal development with a cohort in the backcountry of the US or internationally
 - > Live in a community house of international volunteers working on local water access and safety issues in Guatemala
 - > Travel to Tibet with a cohort of Gap students studying Buddhism, social justice issues, and environmental subjects while living with homestays

And much much more!

Where There Be Dragons ▶

77% agreed or strongly agreed that their Gap Year "Helped me find purpose in my life"



GAP YEAR DEFINED

Gap Year (noun): An experiential semester or year "on," typically taken between high school and college in order to deepen practical, professional, and personal awareness."

A Gap Year IS: Experiential learning through some combination of service, internships, real world exploration, work, living away from home, and fun.

A Gap Year is NOT: Sleeping through life, doing "whatever your friends are doing," or chasing a diploma for the sake of a diploma.

National Outdoor Leadership School ▶





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Thinking Beyond Borders ▶

GET AHEAD with a GAP YEAR



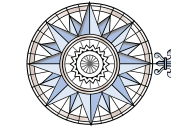
Expand Your World with a GAP YEAR

Why Choose An AGA Accredited Program:

- Industry-leading focus on responsible volunteering
- Collegiate-recognized quality for ease of deferral
- 360-degree evaluation of programs
- Highest ethical and safety standards
- Dedication towards improved inclusion & access
- Demonstrated focus on learning, not partying
- Recognized by the US Department of Justice

84% agreed or strongly agreed that their Gap Year "Helped me acquire skills to be successful in my career"

Start your journey with the Gap Year experts ▶



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Top 3 Reasons

Gappers say they participated in a Gap Year*

I wanted to gain life experiences and grow personally.

92%

I wanted to travel, see the world, and experience other cultures.

85%

I wanted to take a break from traditional academic track.

81%

\$3,000,000

In 2015, almost \$3,000,000 were given away in needs-based aid for Gap Year applicants.

63% of Gappers reported voting in the 2014 election compared to **36%** of eligible voters nationally

86% of employed Gappers say they are satisfied or very satisfied with their current job

*863 respondents surveyed by the Institute of Survey Research and Temple University